

Annual Report

2014 - 2015



CANCER AID & RESEARCH FOUNDATION

Byculla Municipal School Bldg., Grd. Floor, N. M. Joshi Marg, Near 'S' Bridge, Byculla (W),
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CANCER AID & RESEARCH FOUNDATION

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Consultant Head & Neck / Thyroid Surgeon,
The Royal Marsden Hospital, London, U.K.

Dr. Jatin Shah
Prof. of Surgery & Chief, Head & Neck Service,
Memorial Sloan Kettering Cancer Center,
New York, U.S.A.

Goodwill Ambassador Ms. Pooja Bhatt : Well known Actress & Film Maker

Board of Management (2014-2015)



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Fmr. Dean of the Faculty of Arts,
University of Bombay,
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Prin.(Mrs.) Rashida A. Kazi
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Fmr. Principal of A. I. Girl's
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Mumbai, India



Mr. Aziz Mulla - Trustee
Mumbai, India

Auditor

R. Soni & Co. (CA) Chartered Accountant

46 Mulji Jetha, 2nd Floor, Above Bank of Baroda, 185/187, Princess Street, Marine Lines (E), Mumbai - 400 002.

Bankers

- | | | | |
|--------------------------|-----------------------------------|------------------------|-------------------------------------|
| 1) Union Bank of India | - Byculla Branch, Mumbai - 10. | 6) Canara Bank | - Byculla Branch, Mumbai - 27. |
| 2) Dena Bank | - Lalbaug Branch, Mumbai - 12. | 7) State Bank of India | - Jacob Circle Branch, Mumbai - 11. |
| 3) Axis Bank Ltd. | - Grant Road Branch, Mumbai - 7. | 8) Bank of Baroda | - Byculla Branch, Mumbai - 8. |
| 4) Central Bank of India | - Byculla Branch, Mumbai - 27. | 9) ICICI Bank | - Mahalaxmi Branch, Mumbai - 34. |
| 5) IDBI Bank | - Prabhadevi Branch, Mumbai - 25. | 10) HDFC Bank | - Nariman Point, Branch Mumbai- 21. |

CARF ANNUAL REPORT 2014-2015

Index

Sr.	Contents	Page No.
1.	Chairman Emeritus's Message	1
2.	Chairperson's Message	2
3.	Chief Executive Officer's Message	3
4.	Chief Operating Officer's Message	4
5.	Making a Difference at CARF	5
6.	Financial & Medical Help to Cancer Patients	6
7.	Patient Oriented Activity & Fellowship	7-8
8.	Mission of CARF - Cancer Education	9
9.	Medical Camp	10
10.	Screening	11
11.	CARF Drive	12
12.	Survivor Story of Mansi	13-14
13.	CARF Library & Lectures by Eminent Doctors	15
14.	Oration & Awards	16
15.	Mission Sapne Tv Show on Colors with CARF	17
16.	Inauguration of CARF's New Office	18
17.	Campaign : Movember & Stoptober	19
18.	Rehabilitation Department & Charity Sale	20
19.	Running for a Cause-Marathon 2015	21
20.	Visitors & Donors Comments & Despatch	22
21.	Our Employee Engagement & Social Media Channels	23

◀ CHAIRMAN EMERITUS's MESSAGE ▶

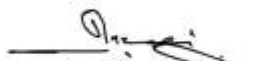


Dear Friends, Well-Wishers and my valued donors,

As Chairman Emeritus, I take this opportunity to express my gratitude to everyone who supported CARF all through these years.

As you are aware, CARF is one of the biggest medical NGO in India. With the help of all your support from time to time, CARF was able to help about 8000 cancer patients to the tune of approx. rupees 15 crores. The growth of our Foundation provides opportunities and help to the poor and needy cancer patients. Patients from all walks of life approach us for help and our mission is to reach out to as many as we can and wipe out their tears in a little way that we can help. CARF is not just another NGO, but is a holistic competency building centre with dedicated well wishers and staff who take immense pleasure to reach out and render helping hand to all the poor cancer patients who come to us. This is my dream come true.

WISHING CARF ALL THE VERY BEST IN THIS HUMANITARIAN ENDEAVOR.


PROF. A.A. KAZI

Chairman Emeritus

◀ CHAIRPERSON'S MESSAGE ▶



Dear Friends,

Let me begin by applauding the magnificent work done by our founder and my husband Prof A.A. Kazi in establishing the Cancer Aid and Research Foundation. Under his stewardship, the foundation has risen through the ranks to be one of the largest medical NGOs in India. His vision has helped numerous cancer patients and their families in their fight against cancer.

I am delighted and find it a great pleasure to take over as Chairperson and to be associated with the work of CARF for such a worthy cause. I take this opportunity today to reach out to you all, our friends and well-wishers of CARF, old and new, to join me in this journey to make the vision of our Founder a resounding 'success'. Success to me is a very intriguing concept.

It gives me great pleasure to share with you the highlights of our Foundation's performance for the year 2014-2015. First, I would like to thank all our donors for the tremendous support they have given in the growth of our Foundation. It's a matter of great satisfaction to announce that we have reached several milestones and on the right track to attain the goals set at the onset.

During the short span of 14 years since inception, the Foundation has achieved the enviable record of having helped around 8000 poor cancer patients in 1000 hospitals to the extent of Rs. Approx. Rs. 15 crores. This mammoth task has been accomplished with the co-operation of all our donors, well-wishers and staff of the Foundation.

I sincerely wish that I can continue to look forward to your encouragement to run this charity and provide hope to those victims of cancer who have no other avenue of help to turn to. Please continue to support us so that we, in turn, can bring a smile on an unhappy face, relieve the agony of pain in some and give hope when all is lost to those near and far. Nothing is nobler than being given an opportunity to make a difference in the lives of those who are victims of this dreaded disease called 'cancer'.

A handwritten signature in black ink, appearing to read 'Rashida A. Kazi'.

Mrs. Rashida A. Kazi

Chairperson

◀ CHIEF EXECUTIVE OFFICER'S MESSAGE ▶



As the Chief Executive Officer of the Cancer Aid & Research Foundation (CARF), I am enormously proud of the depth and scope of our work across our key priority areas. With a unified and coordinated approach, the Cancer Aid & Research Foundation continues to gather strength as a leader in the fight against cancer in our country.

We are so excited to be able to bring our services into the lives of people across Maharashtra and whole of India. Thanks to the ongoing efforts and initiatives of our board of Trustees, staff and volunteers, we are a strong professional organization that continues to evolve. As our organization moves forward, we remain committed to pursuing opportunities that allow us to offer support, advocate on behalf of the needs of people whose lives are affected with cancer. Our strength lies in our ability to represent cancer patients with a strong voice and to listen to the needs of people affected by cancer.

We are extremely appreciative of the support received from so many people towards our mission. In 2015-2016 we will be working even harder to continue to lead the way in the fight against cancer. I am grateful to our Board members for their guidance and support to the Foundation. I would also like to express my appreciation for our dedicated staff and supportive senior management who have allowed us to explore new areas and strengthen our commitment to ongoing initiatives. **Our mission is to reach out to as many as we can and wipe out their tears, bringing a smile on their face.**

Our donors remain our highest priority. Throughout the year, and right across the Foundation, we worked to find ways to build advocacy, by improving how we interact with our donors, every day, and to have a positive impact on their lives by rendering our services to the poor and needy.

I am very excited and proud to be part of this very worthy and important organization. It takes a lot of people sharing their talents to enable our organization to be such a huge success.

For all of your contributions we send out a big THANK YOU.
Together, we can **“Fight Against Cancer”**.

A handwritten signature in black ink, which appears to read 'Shamshi'.

Mr. Shamshi Mulla
C.E.O.

◀ CHIEF OPERATING OFFICER'S MESSAGE ▶



Greetings from Cancer Aid & Research Foundation (CARF)!

To begin with, I pen down my sincere thanks and gratitude to our numerous donors for their invaluable assistance, without which it would have been difficult to reach out to so many poor and needy cancer patients that we have helped till this date. CARF team members continue to put forth a tremendous effort to rapidly move our motive forward. Our faculty and staff understand the urgency and the need for collaboration while working in a constantly evolving environment full of challenges economically. Their hard work has translated into many important decisions and contributions in the strategy of functioning towards the needs of patients.

CARF being one of the biggest medical NGO in India has moved forward with its sincere dedication and hard work towards the welfare of poor cancer patients. Besides giving financial help, we are also committed to undertake various programs and activities for the poor and needy cancer patients irrespective of their caste, creed, age, sex, color, all over India to help them to get cured and realize the ideals and objectives in life. We shall strive in the years to come to be even more effective and fruitful in extending our noble services to our patients.

The vision of CARF is to create a world where cancer survivors live a life that is full of vitality, cancer free and without fear. We call and encourage them to participate in our events so that they can recover and regain themselves after the treatment. In this way we are trying that there should not be any stone unturned to make the life better for cancer patients and in our **UNITED FIGHT AGAINST CANCER**.

I invite you to visit our website often and explore the many resources, tools and information that keeps our visitors informed and up-to-date on new programs, initiatives and events. Give us your feedback or let us know what you would like to see on www.cancerarfoundation.org by emailing us.

A handwritten signature in black ink, appearing to read 'Savita Nathani'.

Mrs. Savita Nathani
C.O.O.

◀ **MAKING A DIFFERENCE AT CARF** ▶



◀ **FINANCIAL & MEDICAL HELP** **TO CANCER PATIENTS** ▶

The team of '**Cancer Aid & Research Foundation**' (CARF) is continuously in touch with its donors. As soon as the donation gets credited into our bank account, we issue a receipt and **80(G)** certificate on priority basis and give the proper updation about patient's health, by sending cancer patient's health certificate to the donors.

We also send news bulletins, leaflets and brochures to all our valuable donors, in order to spread awareness about cancer. The CARF also invites its donors to visit the office and check the work of our Foundation.

We have also started a new chain of spreading cancer awareness in public; known as '**CARF E-NEWS**' through which we are sending cancer awareness materials by E-Mails. This move is appreciated by our donors, in return we receive appreciation mails and letters from them which is our Goodwill.

Our Aim - "CANCER FREE WORLD"

Hence '**LET US JOIN HANDS TOGETHER TO FIGHT CANCER**'

CARF has created a record in NGO's history by disbursing an amount of **Rs. 14.96 Crore** in a short span of **14 years**.

The following table shows the year wise disbursement for poor & needy cancer patients.

Total Help Given To Cancer Patients From 1st April 2001 To 31st March 2015

Year	No. of Patients	No. of Hospitals	Financial & Medical Help (Rs.)
2001-2002	5	1	17,500.00
2002-2003	29	7	1,29,916.00
2003-2004	83	23	11,34,526.00
2004-2005	342	42	42,55,293.00
2005-2006	546	74	81,12,800.00
2006-2007	665	92	1,41,16,794.00
2007-2008	1077	109	2,56,94,756.00
2008-2009	800	105	1,57,91,123.00
2009-2010	698	103	1,46,30,699.00
2010-2011	738	118	1,50,20,156.00
2011-2012	709	106	1,33,41,961.50
2012-2013	816	129	1,44,02,002.00
2013-2014	847	116	1,20,53,104.00
2014-2015	826	115	1,09,42,560.00
Total	8181	1140	14,96,43,190.50

◀ PATIENT ORIENTED ACTIVITY ▶

ART SHAALA 2014

CARF organized an IMAGINATION and Story Telling Workshop for young cancer patients associated with KSHTIJ ART SHAALA an Art Training Academy on 27th June, 2014 at CARF'S office. The objective of this event was to add some light moments of happiness in these cancer patients (children) lives. Much Fun games, Short stories & various Creative activities were organized.



CHILDREN'S DAY

Fun party for young cancer kids had been organized by CARF on 14 November, 2014 at Mc Donalds, Colaba for 23 cancer patients. Kids were given happy meal which included a Burger, Fries, Ice-cream, Coke and a Toy. Exciting gifts had been also distributed to cancer kids by CARF.



WORLD ROSE DAY

CARF celebrated the International Rose Day with the patients of Sir. J.J. Group of Hospitals and GRANT MEDICAL COLLEGE, Byculla. Lots of roses, fruits and gifts were distributed to all the patients in the pediatric and cancer wards of the hospital.



BREAST CANCER DAY

On the occasion of the **Breast Cancer Day**, CARF arranged screening of films for their female patients and staff on **22nd October, 2014**. Patients and staff had been given self examination tips by the doctor. Everybody participated in the event by wearing pink clothes, pink ribbons and awareness posters had been placed all over the office premises.



NEW YEAR & CHRISTMAS PARTY

CARF organized **New Year & a Christmas party** on **29th December, 2014** at BMC School Hall accompanied by **Mr. Afzal**, a cancer survivor, who performed a magic show for children. **Santa Claus** distributed gifts & chocolates to patients. Live counters of snacks like Dosa, Uthappam, Hakka Noodles, Gulab Jamun and Frooti were put up for patients and their families.



◀ FELLOWSHIP PROGRAM ▶

Cancer Aid & Research Foundation give opportunities to youngsters by providing Fellowship to Researchers pursuing PhD. in Head & Neck Cancer. **Dr. Ankit Shah** and **Dr. Zaki Lohar** are the recipients of "Head & Neck Oncosurgery Research Fellowship 2014-15" at ENT and Head & Neck Oncology Department, Sir J.J Groups of Hospitals, Mumbai-400 008.

MISSION OF CARF CANCER EDUCATION

CARF never restricted its services by only providing medical & financial help to present day's poor cancer patients, but also working hard in all possible corners towards minimizing the number of cancer victims in future by performing various activities for the society, which includes patients, doctors, general public and most importantly 'The Youth of India' by educating them about the ill effects of consuming tobacco. Following are the few activities of CARF:

- ❖ **Spreading detailed information and awareness about early detection of Cancer by:-**
 - I. Publishing and distributing CARF's quarterly bulletins to patrons, donors and prospective donors. These bulletins are distributed all over India and also in 39 other countries across the globe. It covers the latest information, trends about cancer detection and cure with their editorials written by eminent Indian oncologists serving people in leading hospitals.
 - II. Printing and distributing 51 types of Information Brochures, Leaflets, Booklets, Guide Books and Stickers.
 - III. Screening various types of films based on Cancer from our vast collection of Hindi & English languages in Schools, Colleges, Societies and Corporate to create maximum public awareness. An audio-visual CARF Screening Van containing all hi-tech screening equipments is used for this purpose, so that we remain available for the service at any given time.
 - IV. Till this year, CARF has successfully organized 9 annual professional orations, featuring international experts discussing the latest trends and achievements in the field of cancer to benefit local doctors and patients.
 - V. Conducted more than 27 medical camps at various places in the city to benefit the society and to guide them about the cancer preventions.
- ❖ CARF is offering opportunities of researcher's programs for young and upcoming doctors of our country by providing them fellowships in Government operative hospitals.
- ❖ Providing free counselling and medical guidance to thousands of cancer patients and their families.
- ❖ CARF organizes Workshops for Junior Doctors & Medical Students at Government operative hospitals under the guidance of prominent & well known Doctors.



Corporate Screening of cancer film



J.J. Workshop



Screening Van



Cancer Posters

◀ MEDICAL CAMP ▶



Cancer Aid & Research Foundation (CARF) celebrated **World Cancer Day** by organizing a Free Medical Camp for Police department and their families on **4th February 2015** at the Byculla Police Station with great zeal and vigour. **Mr. S. Jayakumar, I.P.S.** Deputy Commissioner of Police, Zone-3 was the Chief Guest of the day. He was greeted and felicitated by **Mr. Shamshi Mulla, C.E.O.** and **Mrs. Savita Nathani, C.O.O.**, who spent the day during the event.

A short film on 'Oral Cancer' was screened in order to educate them about the ill effects of tobacco consuming. CARF'S DGM **Mrs. Tabassum Khan** introduced CARF and its activities by a short speech in Marathi.

The highlight of this event was the Medical Camp for the police personnel. About 107 policemen/policewomen participated in the camp for a check-up and also for pathology tests. **Dr. Suhail Sayyed** and **Dr. Fatima Syed** along with their team conducted the medical camp.



CARF is grateful to **Mr. S. Jayakumar, I.P.S.** Deputy Commissioner of Police, Zone-3 for granting permission to hold this camp on '**World Cancer Day**' and for all the support and courtesy rendered to CARF.

SCREENING

One of our main objectives is to create awareness of cancer disease amongst the youth of today. As a part of this awareness drive, we screen documentary films on Cancer in Schools / Colleges to make the students aware of the dreaded disease - Cancer. These films compel the youth of today to stay away from cancer causing habits like smoking & chewing tobacco. We firmly believe in the maxim **"Prevention is better than Cure."**

Screening 2014-15

Sr. No.	Date	Place	Sr. No.	Date	Place
1	23-06-2014	ALERT – INDIA SCREENING CAMP	36	23-03-2015	Rambhau Bhogle Marathi Primary
2	03-07-2014	Arnold High School	37	23-03-2015	West Byculla Gujrati Primary
3	14-07-2014	SPS Mumbadevi Vidya Niketan Screening	38	23-03-2015	West Byculla Marathi Secondary
4	22-07-2014	Jesus & Mary's High School	39	23-03-2015	East Byculla Hindi Primary
5	27-07-2014	Holy Cross High School	40	23-03-2015	East Byculla Secondary (M+H+U)
6	18-08-2014	Holy Cross High School	41	23-03-2015	Nawab Tank Tamil Primary
7	29-08-2014	CARF N.M.Joshi Marg	42	23-03-2015	Tank Bunder Urdu Primary
8	22-10-2014	CARF N.M.Joshi Marg)	43	23-03-2015	West Byculla Marathi Primary
9	24-12-2014	Anjuman-E-Islam Girls' High School,	44	24-03-2015	Agripada English Primary
10	27-12-2014	A.R. Siddique Awami English School,	45	24-03-2015	Agripada Marathi Secondary
11	27-12-2014	Municipal Urdu School,	46	24-03-2015	Meghraj Shetty English Secondary
12	10-01-2015	L&T Construction Bldg.	47	24-03-2015	Meghraj Shetty English Secondary
13	16-01-2015	L&T Construction Factries	48	24-03-2015	Mominpura Urdu Primary
14	19-01-2015	Aristo Somet Project Near Vasant	49	24-03-2015	Sant Gadge Urdu Primary
15	20-01-2015	Honest Life English High School	50	24-03-2015	Agripada Marathi Primary
16	24-01-2015	All India Khilafat Committee	51	24-03-2015	Meghraj Shetty English Primary
17	05-02-2015	Gyan Sampada High School	52	24-03-2015	Mominpura Urdu Secondary
18	07-02-2015	Jafri English High School	53	24-03-2015	Water Street Urdu Primary
19	17-02-2015	Bapurao Jagtap Urdu Primary	54	26-03-2015	M. Umar-Rajjab Urdu Primary School
20	17-03-2015	S.S. Phule Hindi Primary	55	26-03-2015	Madanpura Urdu School
21	17-03-2015	Desfile Road Urdu Primary	56	26-03-2015	M. Umar-Rajjab Secondary
22	17-03-2015	S.S. Phule Marathi Primary	57	26-03-2015	Safrabadi Urdu
23	19-03-2015	Chandramani B.V. Marathi Prim.	58	30-03-2015	Mazgaon Marathi Primary
24	19-03-2015	J.J. Shatabdi Gujrati Primary	59	30-03-2015	Motishah Lane Marathi Primary
25	19-03-2015	Kamathipura Gujrati Primary	60	30-03-2015	Motishah Lane Hindi Primary
26	19-03-2015	Kamathipura Telugu Primary	61	30-03-2015	Motishah Lane Urdu Primary
27	19-03-2015	Nagpada Urdu Primary	62	30-03-2015	Nawab Tank Marathi Primary
28	19-03-2015	Chandramani B.V. Telgu Prim.	63	30-03-2015	Tadwadi Hindi Primary
29	19-03-2015	Kamathipura Marathi Primary	64	30-03-2015	Mazgaon Urdu Primary
30	19-03-2015	Kamathipura Hindi Primary	65	30-03-2015	Motishah Lane Marathi Secondary
31	19-03-2015	Khandiya Street Urdu Prim.	66	30-03-2015	Motishah Lane Hindi Secondary
32	19-03-2015	Nagpada Urdu Secondary	67	30-03-2015	Mount Road Gujrati Primary
33	23-03-2015	East Byculla English Primary	68	30-03-2015	Nawab Tank Urdu Primary
34	23-03-2015	East Byculla Marathi Primary	69	30-03-2015	Wadibunder Urdu Primary
35	23-03-2015	East Byculla Urdu Primary			

◀ CARF DRIVE ▶

It's our moral responsibility to spread Cancer Awareness among the masses. **CARF** arranges "CARF DRIVE" twice a month with the help of NSS students (Volunteers) of Jai Hind College - Churchgate, K. C. College – Churchgate, etc. which is held throughout Mumbai to spread awareness and to fight cancer. We paste our stickers on commercial and private vehicles with a message "**NO SMOKING**" & "**UNITED AGAINST CANCER**". We also distribute free Guide Books, News Bulletins, Leaflets, etc. to all the vehicle owners to create cancer awareness and to make them aware about the ill effects of Tobacco consumption and Smoking. During the Year 2014-15 we had arranged 20 CARF Drives across the city. CARF Drive is appreciated & supported by all the vehicle owners as well as by owners of the place where CARF Drive is conducted. This program is not only spreading cancer awareness but also encouraging youth (students) to work for a Cause & Society.



Total CARF Drive Details (2014-2015)

Date	Venue	Date	Venue
22-Apr-14	Byculla Service Station, Byculla	16-Oct-14	Asha Auto Service, Kurla
07-May-14	All Car Service Center, Byculla	12-Nov-14	Sovereign Service Station, Mahim
31-May-14	COCO III Indian Oil Petrol Pump, Marine Line	26-Nov-14	Narayan Fuel Station, Wadala
25-Jun-14	Gujrat Service Center, Marine Line	10-Dec-14	Matunga Auto Service, Dadar
28-Jun-14	Kausar Auto Service, Agripada	17-Dec-14	Shree Krishna Automobile Pvt Ltd., Worli
09-Jul-14	Chhagan Mitha Petrol Pump, Mumbai - 01	23-Jan-15	Shree Siddhivinayak Service Station, Prabhadevi
17-Jul-14	Sovereign Service Station, Mahim	03-Feb-15	Sovereign Service Station, Mahim
09-Aug-14	Shrikrishna Automobile Pvt Ltd., Worli	11-Mar-15	Kausar Auto Service, Agripada
30-Aug-14	Shree Siddhivinayak Service Station, Prabhadevi	18-Mar-15	Shrikrishna Automobile Pvt Ltd., Worli
30-Sep-14	Kausar Auto Service, Agripada	25-Mar-15	Byculla Service Station, Byculla

◀ SURVIVOR STORY OF MANSI ▶



Cancer is one of the most dreaded diseases in the world, but it is curable and not the end of life. One of the survivor's story is of **Mansi Raju More**. At the age of 10, all of a sudden she developed symptoms of swelling around her joints, her glands were swollen, accompanied by severe abdominal pain. After being treated by local doctors, there was no sign of improvement in her condition. Mansi's parents drove from their residence in Thane and brought her to a clinic. A spinal tap was done which did not reveal the disease. Doctors were looking for juvenile rheumatoid arthritis or lupus, but after blood test it was diagnosed that the child is suffering from blood cancer.

Doctors immediately shifted her to **Wadia Hospital** where once again blood and PET CT Scan investigations started. She was hospitalized as swelling in her stomach was increasing, and the doctors started with antibiotics and I.V. fluids, nasopharynx tube was also inserted. Her condition was extremely serious as there was no sign of improvement in her condition. But eventually the will of God came forth and she showed signs of improvement. After her condition stabilized, infection was under control and her treatment plan was decided by the doctors.

Her treatment plan was that, she will require chemotherapy and maintenance phase. Her parents were very disturbed and got worried thinking of the huge amount that was needed to get their daughter cured. Through hospital sources & well wishers they came to know about **CARF**. When they approached CARF, her parents were first counseled, and necessary monetary and financial help was given. They felt motivated and a ray of hope sparkled in their life. Gradually the treatment planned by doctors worked and Mansi's condition showed improvement day by day. She is completely cured now and back on her feet.



↗
Mansi at Christmas day event.

Mansi is a lover of singing and dancing. In spite of all her suffering and hard days, her passion for dance did not fade away. During her treatment protocol she had participated in various events organized by CARF at different occasions and took immense pleasure in bringing out her talents. She loves classical dancing a lot.



During her treatment protocol she never gave up her studies too. With her strong determination and will power, today she has completed her **SSC** examination and scored around **85%**. Besides, she is teaching classical dance to small children in her vicinity. The girl's mother affirms that just as her daughter is a survivor, your loved one can be a winner too, all you have to do is fight a lasting fight and keep the faith alive.

Mansi is a living example to all, to fight cancer and live life to the fullest.

CARF congratulates Mansi & wishes her all the very best with a bright future.



◀ CARF LIBRARY ▶

Cancer Aid & Research Foundation organized its Library to serve the information needs to the cancer patients and other individuals who wants to gain knowledge related to cancer, its remedies & effects. We initiated to start our library, through the books donated by Prof. **Dr. Rehan A. Kazi**, Hon. Chairman, Advisory of our Foundation.

We have a huge collection of informative Books, Booklets, Brochures, Audio-visual materials and Journals on various types of Cancer which are very useful for everyone. The patient or any individual interested, sit in our Library to read the books & other journals. Till now we have had 1500 walk-ins who had come to get more information on Cancer.

We have a Membership facility to those who want to become a member of our Library. CARF Library provides many services to the readers such as Reference Services updated periodically, Current Awareness Services, Counseling Services, etc.

We have separate cabinets for Books written by **Prof. A. A. Kazi** on Administration & Politics, **Prof. Dr. Rehan A. Kazi** written on Cancer, all CARF Publication & the other different types of books.

We have an active website exclusively for our Library. For more details you can visit our website.

http://www.cancerarfoundation.org/new_website/Home.php



◀ LECTURES BY EMINENT DOCTORS ▶

CARF arranged cancer oriented lectures for the patients and their relatives by eminent doctors. Cancer prevention, early detection and treatment, guidance and management were some of the topics covered by the doctors.

These talks are attended by the patients, their relatives and staff. In depth knowledge of cancer is being imparted to them, followed by questions and answers session.



Dr. Thakersia C. Tolia
Topic-Acupuncture –Holistic Approach to Cancer Care.



Dr. Rajshree Jha
Topic-Ovarian Cancer



Dr. Nida Khan
Topic-Causes & Prevention of Cancer

ORATION & AWARDS

This year we celebrated the "CARF Oration & Awards" function by organizing a talk by a well known medical professional. CARF celebrates this function every year with great vigour and enthusiasm as a lot of sentiments and emotions are attached to it. The core objective of this event is to acknowledge the contributions of individuals in the field of Oncology & Cancer. In this event we honored the eminent doctors from the field of Cancer as below:

- o **Lifetime Achievement Award -** **Dr. Firuza Patel**
Ex-Professor – RADIOTHERAPY, PGIMER, Chandigarh, MD Radiotherapy
- o **Award of Excellence -** **Dr. Anil K. D'Cruz**
In the field of Oncology MS, DNB, FRCS (Hon) Director at Tata Memorial Hospital, Mumbai.
- o **Award for Outstanding Contribution -** **Mr. Humayun Jafri**
In the field of Cancer Head - Public Relations Department, Tata Memorial Hospital, Mumbai.

The subject of this year's Oration was "Palliative Care – The 4th Arm of Cancer Management" by our Orator Dr. Firuza Patel and the event was celebrated on 28th February 2015 at "Rangaswar" Y. B. Chavan Pratishthan, Nariman Point, Mumbai – 400 021.

This event was presided over by **The Mayor of Mumbai – Mrs. Snehal Ambekar** and the Chief Guest of this function was DCP of Zone – 1, **Dr. Ravindra Shisve IPS**. This grand event was supported by Neon Laboratories Pvt. Ltd.



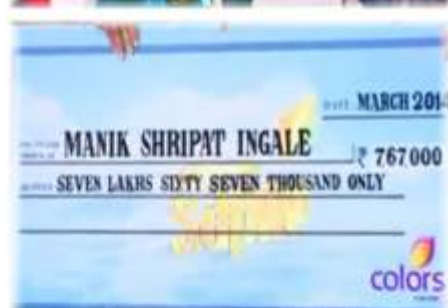
On the dias (L to R): Dr. Firuza Patel, Ex-Professor –RADIOTHERAPY, PGIMER, Chandigarh, Prof.Dr. Rehan Kazi-Hon. Chairman Advisory-CARF, Mrs. Snehal Ambekar-Mayor of Mumbai & Mrs. Rashida A. Kazi, Chairperson-CARF.



On the dias (L to R): Dr. Ravindra Shisve (IPS)-DCP Zone - 1, Mr. Humayun Jafri-Head PR Dept, Tata Memorial Hospital, Mr. Shamshi Mulla C.E.O., CARF, Mr. Sudip Mukherjee NEON, Dr. Anil D'Cruz-Director Tata Memorial Hospital, & Mrs. Savita Nathani COO, CARF.

◀ MISSION SAPNE TV SHOW ON COLORS WITH CARF ▶

Sobo Films, approached **CARF** with the concept of the program and wished to feature one of our patients in their series. **Baby Sunita** was selected among the few names given and CARF team accompanied Sunita and her family for the shoot in Film City Studio. **Ranbir Kapoor** the celebrity guest worked as a Vada Pav vendor for a day and earned money. The money earned was multiplied by 100 and given to the patient as a donation. Ranbir Kapoor met Sunita's family on the set and heard their heartwarming story. The total amount patient received was **7,67,000/-** in cheque. **Sonali Bendre** was the host of the show. Sunita's parents were extremely happy with the donation and felt relieved towards the treatment expenses. They were also very grateful to **CARF** for introducing them to such an opportunity.



Highlights of the show

◀ INAUGURATION OF CARF'S NEW OFFICE ON 25TH AUGUST 2014 ▶

The inaugural ceremony commenced with the cutting of the ribbon by the hands of its Founder **Prof. A.A. Kazi.** & **Mrs. Rashida Kazi**, Secretary-Gen. delivered the welcome speech and greeted the gathering.

Prof. Dr. Rehan A. Kazi, Chairman made the audience aware about the significance of **CARF** and described the objectives and its activities. He emphasized the need to continue the hard work which the Foundation is doing in order to cater to more and more cancer patients. He stressed on the importance of how these patients should be looked after and treated with respect when they approach us. He also pointed out various means of applications of this topic and hoped that the patients will be highly benefited.

Mr. Shamshi Mulla, Chief Executive Officer threw some light on these areas, particularly in which the Foundation is currently active. He described and explained the importance of reaching out to the patients and to put in efforts so that we come out with greater success. Chairman ended by wishing success for the Foundation.



◀ CAMPAIGN : MOVEMBER ▶



The **Cancer Aid & Research Foundation (CARF)** have supported this public health initiative **The Movember, Movement** which is an international movement, this movement helped to save and improve the lives of men affected by prostate cancer, testicular cancer and mental health issues. The movement is all set to reach Mumbai. For the uninitiated, this movement, which began in Australia in 2003, is a fun way to spread awareness about serious health issues concerning men, where men have to grow a moustache and groom it well for the entire month of November as a sign of support to the cause of spreading awareness. Movember got its name from 'MO'ustache and No'VEMBER'. The initiative starts with the men taking a self photograph in a clean shaven avatar and when the month of November ends, they should be sporting a well-groomed moustache.



CARFIANS took part in the Movember campaign by growing moustaches and thus showing support for men's health. The winner of this campaign was **Mr. Ram Pawar – Man of the Movember**.

◀ STOPTOBER ▶



CARF supported “**STOPTOBER**” by joining hands in 31-day “**National Stop Smoking Challenge**”. In this challenge over hundreds of thousand people across the world joined, who is hoping to kick their smoking habit during the month of October. Stopping smoking for 31 days means you're five times more likely to stop for good. Last year, thousands of people successfully quit smoking in the biggest mass participation stop smoking challenge ever. However, despite knowing the risks, many smokers still struggle to give up the habit.



◀ REHABILITATION DEPARTMENT ▶

CARF Rehabilitation Centre (CRC) provides training for cancer patients & their relatives in making paper bags, candles, craft items etc as per their skills. This will help them to a great extent to meet their day to day expenses.



Candle making programme



◀ CHARITY SALE ▶



As body needs blood, NGO needs funds for the welfare of poor & needy Cancer patients. We use many resources to raise funds to fulfill the needs of all these cancer patients, Charity sale is one of these resources. All the proceeds received through a charity sale are fully utilized for helping cancer patients. We keep jute bags, paper bags, Diwali diyas, candles, CARF mugs, CARF T-shirts, pens, pocket diaries, key chains, wrist bands, greeting cards, etc. for sale. During the year 2014-15 we organized charity sale in various parts of Mumbai to raise funds that enable us to meet the needs of all cancer patients who approach us with a hope of getting a new lease of life from our help.



Mr. Raj Thackeray founder and president MNS interacting with **CARF** Volunteers at Parel Cha Raja



Charity Sale



Charity Sale "**Rangswar**", Y.B. Chavan Pratishthan

◀ **RUNNING FOR A CAUSE-** **MARATHON 2015** ▶

The enthusiasm and tremendous energy at the **Standard Chartered Mumbai Marathon (SCMM)** not only helped promoting a healthy lifestyle, but also helped raise awareness about key issues faced in society. These events provided an opportunity for runners / walkers, to actively make a difference by supporting for poor cancer patients, and raising funds for the organizations that work for cancer patients. More than 60 individuals supported **CARF's** participation in the Marathon held on **18th January 2015**.

We thank **Mr. Arun Rajaraman** for his valued contribution towards poor and needy cancer patients.

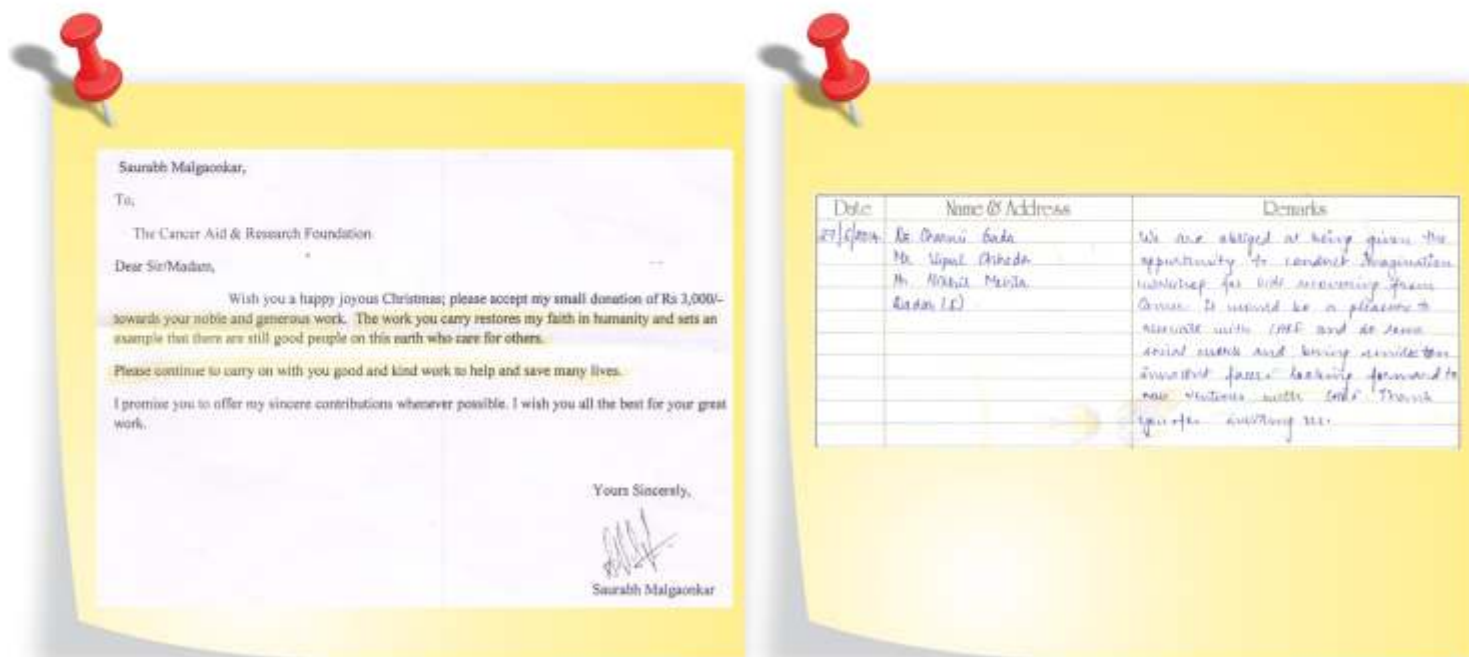


CARF team campaigning at Mumbai Marathon 2015



**Mr. Arun Rajaraman
with CARF Team**

◀ VISITORS & DONORS COMMENTS ▶



◀ DESPATCH ▶

The **CARF's** Despatch Department facilitates the day to day activities by sending all articles such as Patient's Appeals, Bulletins, Invitation Cards, Birthday Letters, Season's Greetings, Annual Reports, Souvenirs, Calendars, etc. to all our donors. This is done through remotely Franking System.



Despatch Department at work

◀ OUR EMPLOYEE ENGAGEMENT PLAN ▶

"Employee Engagement" is an investment we make for the privilege of future proving our organization's productivity and performance.

Cancer Aid & Research Foundation not only take care of poor & needy cancer patients but through our Employee Engagement plan every month we do some recreational activity in order to reduce stress & fatigue from our employees & motivate them to the new heights. Our employees are an asset to us & we nurture them here for the better tomorrow.



Spoon and Marble race



Dumb Shell Art



◀ SOCIAL MEDIA CHANNELS ▶



You can "like" us on facebook

<https://www.facebook.com/CancerAidAndResearchFoundation>



You can follow us on Twitter at <https://twitter.com/CARF3>



You can subscribe to our Youtube channel <https://www.youtube.com/user/cancerar1>



CARF'S WhatsApp No : 7506006655

Before we conclude, we express our gratitude to all of you for your unstinted co-operation and hope that with the same co-operation in future we shall be able to realize our cherished dream.

Yours in co-operation

Sd/-
Prin. (Mrs.) Rashida A. Kazi
Chairperson

sd/-
Mr. Shamshi Mulla
C.E.O.

◀ **CARF DEPARTMENTS** ▶



Human Resource &
Administration Department



Patient Service Department



Accounts & Finance Department



Publication & Publicity
Department



Library



Despatch Department



ERP Department



IT Department



Rehabilitation Centre



To,



CANCER AID & RESEARCH FOUNDATION

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